

A COMPARATIVE STUDY OF ADJUSTMENT OF INTER COLLEGIATE TRIBAL AND NON TRIBAL PLAYERS

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Abstract :

The term adjustment refers to the extent to which an individual's personality functions effectively in the world of people. It refers to the harmonious relationship between the person and the environment. The aim of this paper is to study and compare adjustment of inter collegiate players. The research was carried out with the total of 140 players of inter collegiate players were selected from Navapur District Nandurbar. The adjustment scale of Dr. Prof. A. K. P. Sinha, Prof. R. P. Singh was applied to assess the level of adjustment in each component. T-test was used to find out the significance of difference between adjustment of tribal players and non tribal players, female players and male players, male and female student.

Key Word : Comparative study.

Introduction :

The term adjustment refers to the extent to which an individual's personality functions effectively in the world of people. It refers to the harmonious relationship between the person and the environment. In other words, it is the relationship that comes among the organisms, the environment and the personality. A well adjusted personality is well prepared to play the roles which are expected of the status assigned to him within given environment. His needs will be satisfied in accordance with the social needs.

Concept of Adjustment :

Adjustment is the relationship which comes to be established between individual and

the environment. Every individual plays certain position in his social relations. He is trained to play his role in such a way that his maximum needs will be fulfilled. So, he should play his role properly and get maximum satisfaction. If he does not play his role according to standards and training Home Environment received his needs may not be fulfilled and he may get frustrated.

Types of Adjustment :

- Normal Adjustment
- Abnormal adjustment

Normal Adjustment :

When a relationship between an individual and his environment is according to established norms then that relationship is considered as normal adjustment. A child who obey his parents, who is not unduly stubborn; who studies regularly and has neat habit is considered adjusted.

Abnormal Adjustment :

Abnormal Adjustment means problem behavior or popular speaking maladjustment. Maladjustment takes place when the relationship between an individual and his environment is not according to established standards or norms. A delinquent child adjusts with his environment but he is a maladjusted child because he is violating certain moral codes.

In general, the adjustment process involves four parts: (1) a need or motive in the form of a strong persistent stimulus, (2) the thwarting or non fulfillment of this need, (3) varied activity, or exploratory behaviour accompanied by problem solving, and (4) some response that removes or at least reduces the initiating stimulus and completes the adjustment.

Social and cultural adjustments are similar to physiological adjustments. People strive to be comfortable in their surroundings and to have their psychological needs (such as love or affirmation) met through the social networks they inhabit. When needs arise, especially in new or changed surroundings, they impel interpersonal activity meant to satisfy those needs. In this way, people increase their familiarity and comfort with their environments, and they come to expect that their needs will be met in the future through their social networks.

Ongoing difficulties in social and cultural adjustment may be accompanied by anxiety or depression. The present study is taken up to assess the level of adjustment among Inter collegiate tribal and non tribal players.

Objectives : The main objectives of the study are as follows -

- To find out adjustment of inter collegiate players.
- To find out whether tribal players and non tribal players are differ in adjustment.
- To find out whether tribal male players and tribal female players are differ in adjustment.
- To find out whether non tribal male players and non tribal female players are differ in adjustment.
- To find out whether tribal male players and non tribal male players are differ in adjustment.
- To find out whether tribal female players and non tribal female players are differ in adjustment.

Assumptions :

- These all students are learning in undergraduate college.
- Their age group is in between 18 to 25 years.

Hypothesis :

- There will be no significant mean difference in adjustment with respect to tribal players and non tribal players.
- There will be no significant mean difference in adjustment with respect to tribal male players and tribal female players.
- There will be no significant mean difference in adjustment with respect to non tribal male players and non tribal female players.
- There will be no significant mean difference in adjustment with respect to tribal male players and non tribal male players.
- There will be no significant mean difference in adjustment with respect to tribal female players and non tribal female players.

Conceptchual definition of Adjustment :

Adjustment may be defined as a process of altering behavior to reach a harmonious relationship with the environment. When people say they are in an “adjustment period” they typically mean they are going through a process of change and are searching for some level of balance or acceptance with the environment, others, or themselves.

Operational definitions :

Adjustment :

Means students who obtained marks in the test of adjustment written by Dr. Prof. A. K. P. Sinha, Prof. R. P. Singh

Inter collegiate players -

Those players who are invold in Inter collegiate university maches.

Research Methodology :

The research has three main methods.

- Historical method.
- Descriptive method.
- Experimental method.

This research has done on the basis of descriptive method. The descriptive method has also many methods. This research was done through survey method.

Population :

In this research work 100 students of inter collegiate players were selected from Navapur District Nandurbar.

Sample :

In this research sample has been selected ‘probability sample method’. The sample has selected by lottery method.

Numerical Technique :

Mean, Median, Mode, std. deviation, skewness, kurtosis and t-value numerical technique are used to do this research work.

Analysis :

Whatever the information is collected on the basis of test. It has analyzed. Mean, median, mode, std. deviation, range, skewness, kurtosis, t-value technique and diagrams have used to know the meaning of above information. Following are the inferences ascertained.

Table No. 1 : Comparison between Adjustment of tribal players and non tribal players.

Players	Sample	Mean	Std. deviation	t-value
Tribal players	83	17.24	11.14	0.81
Non tribal players	57	15.66	11.46	

According to table no.1 t-value is 0.81 and sample t-value for df-138 on 0.05 level is 1.96. Received t-value is less than sample t-value. Therefore t-value is not acceptable. Due to this reason zero hypothesis has been accepted.

Table No. 2 : Comparison between the Adjustment of tribal male players and tribal female players.

Players	Sample	Mean	Std. deviation	t-value
Tribal male players	26	15.38	4.98	2.14
Tribal female players	57	18.08	6.16	

According to table no.2 t-value is 2.14 and sample t-value for df-81 on 0.05 level is 1.98. Received t-value is more than sample t-value. Therefore t-value is acceptable. Due to this reason zero hypothesis has been not accepted.

Table No. 3 : Comparison between the Adjustment of non tribal male players and non tribal female players.

Players	Sample	Mean	Std. deviation	t-value
Non Tribal male players	22	16.22	5.76	0.58
Non Tribal female players	35	15,31	5.72	

According to table no.3 t-value is 0.58 and sample t-value for df- 55 on 0.05 level is 2.00. Received t-value is less than sample t-value. Therefore t-value is not acceptable. Due to this reason zero hypothesis has been accepted.

Table No. 4 : Comparison between the Adjustment of tribal male players and non tribal male players.

Players	Sample	Mean	Std. deviation	t-value
Tribal male players	26	15.38	4.98	0.54
Non Tribal male players	22	16.22	5.76	

According to table no.4 t-value is 0.54 and sample t-value for df- 46 on 0.05 level is 2.01. Received t-value is less than sample t-value. Therefore t-value is not acceptable. Due to this reason zero hypothesis has been accepted.

Table No. 5 : Comparison between the Adjustment of tribal female players and non tribal female players.

Players	Sample	Mean	Std. deviation	t-value
Tribal female players	57	18.08	6.16	2.20
Non Tribal female players	35	15.31	5.72	

According to table no.5 t-value is 2.20 and sample t-value for df-90 on 0.05 level is 1.99. Received t-value is more than sample t-value. Therefore t-value is acceptable. Due to this reason zero hypothesis has been not accepted.

Conclusions :

- There will be no significant mean difference in adjustment with respect to tribal players and non tribal players.
- Difference is found in the adjustment between tribal male players and tribal female players.
- It is found that the adjustment of tribal female players is more than male players.
- There will be no significant mean difference in adjustment with respect to non tribal male players and non tribal female players.
- There will be no significant mean difference in adjustment with respect to tribal male players and non tribal male players.
- Difference is found in the adjustment between tribal female players and non tribal female players.
- It is found that the adjustment of tribal female players is more than non tribal female players.

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