

A STUDY-IMPACT OF SOCIO-ECONOMIC STATUS ON MENTAL HEALTH OF PRIMARY TEACHER TRAINEES FROM DIFFERENT MEDIUM

Guide

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Abstract :

The present research was conducted to study the impact of socio- economic status on mental health of primary teacher trainees from different medium. A sample of 120 primary teacher trainees was selected by incidental sampling method. The age range of selected sample was from 19 to 20 years. They belonged to low & middle socio- economic status families. The status of mental health & socio- economic status was assessed by Mental Health Battery constructed & standardized by Dr. Arun Singh (Patna) & Dr. Alpana Singh (Patna). For the present research researcher used the survey method. The researcher used mean, σ (s.d), f- test these statistical parameter for the analysis of collected data. The study revealed that there exists no significant difference between mental healths of primary teacher trainees from different medium. There exists no significant difference of mental health of primary teacher trainees of middle socio- economic status from different medium. There also exists no significant difference of mental health of primary teacher trainees of low socio- economic status from different medium.

Key Words : Impact socio – economic, Mental health

INTRODUCTION :

There is one phrase in English “Sound Mind in a Sound Body”. The phrase is related to the both physical & mental healthiness. Mentally & physically healthy person is always well adjustable, successive in his or her life. The mental health is concerned with those processes

which adjust the maladjusted person. The mental health shows an approach of human adjustment, achievement related to prevention of emotional maladjustment, preparation of person for skill working, for personality development. Mental health is also considered as creative measure which measures balancing adjustment & healthy development of personality.

The ability to establish ones adjustment with the difficult situation of life is related to the mental health. The mental health is mostly related to the adjustment. So the greater degree of successful adjustment the greater will be the mental health of an individual.

Mentally healthy person is always satisfied, lives peacefully with his or her relatives, neighbors. Possessing mental health an individual can adjust properly to his or her environment & can make the best efforts for his or her own, his or her family's & his or her society's process & betterment.

Good mental health is more than just the absence of mental illness. It can be seen as a state of mental health that allows one to flourish and fully enjoy life.

Everyone experiences down times in life. The ability to cope with negative experiences varies greatly from one person to another and, in large part, determines whether people enjoy their lives.

Some of the factors that affect the mental health of youth are as follows.

- Self – esteem
- Feeling loved
- Confidence
- Family breakup or loss
- Difficult behavior
- Physical ill health
- Abuse
- Gender factor
- Region factor
- Socio- economic factor

- **Effect of socio-economic status on mental health :**

Mental health, health status and socioeconomic status are important determinants of an individual's wellbeing. There are thought to be important interactions between these dimensions of wellbeing, with causal links running in both directions. Poor health and poor mental health can reduce earnings ability, through their effects on education and employment, and poverty can lead to lower educational attainment, poorer physical health and depression. Examine the correlates of mental health in five developing countries, finding that being older, female, widowed, and in poor physical health are consistently related to poorer mental health outcomes. However, their reading of their evidence on the relationship between socio-economic status (SES) and mental health is mixed. They find education to be positively associated with better mental health in a majority (but not all) of the countries that they study. (Das et al. (2007).

- **STATEMENT OF THE PROBLEM :**

“A study-Impact of socio-economic status on mental health of primary teacher trainees from different medium”.

- **KEY TERMS :**

- **MENTAL HEALTH**

It refers to our cognitive, and/or emotional wellbeing - it is all about how we think, feel and behave. Mental health, if somebody has it, can also mean an absence of a mental disorder. Approximately 25% of people in the UK have a mental health problem during their lives. The USA is said to have the highest incidence of people diagnosed with mental health problems in the developed world. Your mental health can affect your daily life, relationships and even your physical health. Mental health also includes a person's ability to enjoy life - to attain a balance between life activities and efforts to achieve psychological resilience.

- **SOCIO-ECONOMIC STATUS**

It refers to a person's position in any given group, society or culture, the economic & sociological combined total of a person's work experience & of an individual's or family's economic & social position in relation to others, based on education, & occupation.

NEED OF THE STUDY :

Reviewing the previous studies conducted both inside & outside of the India it was found that the studies related to impact of socio-economic status on mental health of primary teacher trainees are very few in number. Hence the investigator believes that the present study will be motivational for the further researcher, therefore a need was felled for knowing the impact of socio-economic status on mental health of primary teacher trainees. The research work is helpful to study the mental health of male & female primary teacher trainees, primary teacher trainees from middle & low SES, rural & urban region. The study explains the impact of socio-economic status on mental health of primary teacher trainees. The study explains whether region factor, gender factor affect on mental health of primary teacher trainees. The study gives the opportunity to primary teacher trainees to presents the humanistic approach towards the understanding & assessment of the self, positive feeling, attitudes towards self & others.

SIGNIFICANCE OF THE STUDY :

- The study may be helpful to teachers and Students.
- The findings of this study would assist in designing suitable academic program to improve Mental Health.

OBJECTIVES :

- To compare between the mental health of primary teacher trainees from differen medium.
- To compare between the mental health of primary teacher trainees of middle socio-economic status from different medium.
- To compare between the mental health of primary teacher trainees of low socio-economic status from different medium.

HYPOTHESIS OF THE STUDY:

1. There is no significant difference of mental health between primary teacher trainees from different medium.
2. There is no significant difference of mental health between primary teacher trainees of middle socio - economic status from different medium.
3. There is no significant difference of mental health between primary teacher trainees of low socio - economic status from different medium.

SCOPE OF THE STUDY :

1. The scope of research study is related to the D.T.Ed colleges from Nanded city.
2. The scope of research study is related to the impact of socio-economic status on mental health of primary teacher trainees.
3. The scope of research study is related to the primary teacher trainees from private Marathi, government Marathi & private English medium colleges from Nanded.
4. The scope of research study is related to the academic year 2012-2013.
5. The scope of research study is related to the age group 19 to 20 years.

LIMITATION OF THE STUDY :

The present study will have the following limitations :

- Related research work is limited to D.T.Ed colleges from Nanded city only.
- Related research work is limited to find the impact of socio-economic status on mental health of primary teacher trainees only.
- Related research work is limited to the D.T.Ed IInd year students only.
- Related research work is limited for academic year 2012-2013 only.
- Related research work is limited to the age group between 19 to 20 years only.

RESEARCH METHOD & MATERIALS :

In the present research researcher has taken finite population i.e. all primary teacher trainees of IInd year from three different D.T.Ed colleges of Nanded city out of all D.T.Ed colleges from Nanded city.

In the present research the researcher has selected the Incidental Sampling Method.

The sample selected from population in this research was 120 primary teacher trainees from the three different D.T.Ed colleges of different medium from Nanded city.

For the present researcher has selected survey method to find out impact of socio-economic status on mental health of primary teacher trainees.

The researcher selected standardized psychological research tool for the collection of data; the specification of tool has given below-

Mental Health Battery (MHB) developed by Dr. Arun Singh (Patna) & Dr. Alpana Singh

Statistical parameter used for the present research study :

RESULT :

NULL HYPOTHESIS- 1 [H_0^1]

Source of Variance	df	sum of Square	Mean Square	f-test	Table f-test value At significance level 0.05
Between the group	K-1 3-1=2	318.35	159.17	1.61	3.07
Within the group	N-K 120-3=117	11564.95	98.84		

*NS at 0.05 level ($F=1.61 < 3.07$)

Illustrates the statistical information of analysis of variance of impact of socio-economic status on mental health of primary teacher trainee from different medium.

Above table indicates that statistically non significant differences of mental health of primary teacher trainees from different medium as above observed in F-ratio was 1.61 at 0.05 level of significance.

Conclusion :-

This means that there was no significant difference of mental health between primary teacher trainees from different medium.

NULL HYPOTHESIS -2 [H_0^2] -

Source of Variance	df	sum of Square	Mean Square	f-test	Table f-test value At significance level 0.05
Between the group	K-1 3-1=2	365.98	182.99	1.90	3.15
Within the group	N-K 65-3=59	5677.26	96.22		

*NS at 0.05 level ($F=1.90 < 3.15$)

Illustrates the statistical information of analysis of variance of impact of socio-economic status on mental health of primary teacher trainees from middle socio-economic status.

Above table indicates that statistically no significant difference mental health between primary teacher trainees of middle socio-economic status of different medium as above observed in F-ratio was 1.90 at 0.05 level of significance.

Conclusion:-

This means that there is no significant difference mental health between primary teacher trainees of middle socio-economic status from different medium.

NULL HYPOTHESIS-3 [H_0^3] -

Source of Variance	df	sum of Square	Mean Square	f-test	Table f-test value At significance level 0.05
Between the group	K-1 3-1=2	96.73	48.36	0.46	3.15
Within the group	N-K 58-3=55	5728.64	104.15		

*NS at 0.05 level ($F=0.46 < 3.15$)

Illustrates the statistical information of analysis of variance of impact of socio-economic status on mental health of primary teacher trainees from low socio-economic status.

Above table indicates that statistically no significant difference mental health between primary teacher trainees of low socio-economic status from different medium as above observed in F-ratio was 0.46 at 0.05 level of significance.

Conclusion:-

This means that there is no significant difference of mental health of primary teacher trainees of low socio-economic status from different medium.

CONCLUSION

- There exists no significant difference between the mental health of primary teacher trainees of different medium.
- There exists no significant difference of mental health between primary teacher trainees of middle socio- economic status from different medium.
- There exists no significant difference of mental health between primary teacher trainees of low socio- economic status from different medium.

Finally researcher can conclude that there exists no significant impact of socio- economic status on mental health of primary teacher trainees from different medium.

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